



# HEART WEEK

May 15<sup>th</sup> – 19<sup>th</sup>



Help Night Ninjas support those experiencing Homelessness. ***Items you can donate:***

- Ring top cans of chunky soup and stew
- Pasta Sauce
- Baked Beans
- Tinned Spagetti
- Individual pasta/rice meal packets
- Tinned fruit
- 4 pack individual fruit tubs
- 1 litre milk
- 1 litre juice
- Biscuits - sweet and savoury (no chocolate)
- Small coffee/tea/Milo
- Jam/Peanut Butter/Vegemite
- Breakfast cereal
- Lunch box - individually wrapped snacks
- Cup - 2 minute noodles
- Poppers
- 1 or 2 man tents (Kmart brand are good).

